



Founded 1953

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23 March 2018

Dear Parents/Guardians,

Self Management for Success in School of Life

In the movie Spiderman, Uncle Ben's words of wisdom "With great power comes great responsibility" inspired Peter to become Spider-Man. It might be interpreted as when you have the ability to do something; you do it for the good of others. It can also mean capability should go hand in hand with accountability for your actions. At the developmental age of P5, Kong Hwaians should be better able to manage themselves. Parents and teachers should work hand-in-hand to bring out the best in every child so that Kong Hwaians will be capable and accountable for their success in the school of life. Hence, Kong Hwaians will be equipped with a set of critical self-management skills. Self-management includes personal management, time management and life management.

Let me share on some tips which Kong Hwaians can use in helping them develop these self-management skills.

To develop social and emotional skills in children, they need guidance that is matched to their level of development, as well as practice. In addition to the explicit teaching of social and emotional learning (SEL) – self-awareness, self-management, social awareness, social management and responsible decision making - at school, parents and care-givers can encourage children to use these skills in everyday interactions at home. Prompting and encouraging children to apply their learning in this way helps them develop these skills.

a. Self-monitoring with lists and planning tools

Create routines: For example, when a teacher gives an assignment, the student should be observant and repeat the instructions in their own words so that they know they have understood it, then write it in their handbook. They should also prioritise the tasks and manage their time to complete them promptly.

b. Pausing, Calming and Visualizing

To help children ride out difficult emotions or to gather themselves when they are anxious or confused, children can first take a physical step backwards and a deep breath before reacting to any situation. Breathing exercise can have a calming effect. Children can also visualise a memory of a time when they were happy, calm, proud in order to ride out the difficult emotions.

A child with good self-management skills would be able to

- Successfully regulate his/her emotions, thoughts and behaviours in different situations.
- Effectively manage stress, controlling impulses, and motivating oneself.
- Set and work toward personal and academic goals.



Having worked with past cohorts of Kong Hwaians, it is evident that those who strongly demonstrate the skills taste success in school life and are better able to cope with changes and in times of uncertainty.

Besides Form Teacher Guidance Period (FTGP), teachable moments and other platforms to reinforce Kong Hwaians' self-management skills, the P5 Adventure Camp is a key level programme to do so. You might like to note that P5 Adventure Camp will be held from 26 – 28 July. More details will be furnished at a later date.

I hope you find the above information useful. If you have queries or feedback, please email me at leong_jian_wei@moe.edu.sg.

Yours sincerely,



Mr Wayne Leong
P5 Year Head

KONG HWA SCHOOL
P5 SA1 EXAM SCOPE 2018
TERM TWO

Name: _____ () Class: P5/ _____

23 March 2018

The students will be taking the following assessment in term two and it will constitute 30% of overall marks for each subject at the end of the year. Please note the assessment schedule. We have also appended the school policy on absence during assessments for your reference.

| Date | Component | Marks | Duration | Topics |
|---|--|-------|--|--------|
| 16 April | Chinese Language Paper 1 & Listening Comprehension (作文与听力) | | | |
| | 作文(看图作文/命题作文—2选1) | 40 | 50 分钟 | |
| | 听力理解 | 20 | 约 30 分钟 | |
| English Language Paper 1 & Listening Comprehension | | | | |
| 17 April | Listening Comprehension | 20 | 40 min | |
| | Situational Writing | 15 | 1 h 10 min | |
| | Continuous Writing | 40 | | |
| 19 April | Chinese Language eOral (e-口试) | | | |
| | 朗读短文 | 20 | Conducted after school. Students are advised to go home straight after exam. | e 口试 |
| | 会话 | 30 | | |
| 20 April | English Language Oral | | | |
| | Reading Aloud | 10 | From 2.30 p.m. Students are advised to go home straight after exam. | |
| | Stimulus-Based Conversation | 20 | | |

| Date | Component | Marks | Duration | Topics |
|---------------------------------------|--|-------|------------|---|
| Higher Chinese Language (高级华文) | | | | |
| 9 May | Higher Chinese Language Paper 1 (高华试卷一) | | | |
| | 作文 (命题作文/完成文章 - 2选1) | 40 | 50 分钟 | |
| | Higher Chinese Language Paper 2 (高华试卷二) | | | |
| | 一、语文应用 | 20 | 1 小时 20 分钟 | 年中考查: 第 1 至第 8 课 |
| | 二、阅读理解一 | 16 | | |
| 三、阅读理解二 | 24 | | | |
| Science | | | | |
| 10 May | Booklet A (28 MCQs) | 56 | 1 h 45 min | <p>P5 Topics</p> <p><u>Cycles</u></p> <ul style="list-style-type: none"> • Reproduction in plants • Reproduction in humans <p><u>Cycles</u></p> <ul style="list-style-type: none"> • Water and changes of states • The water cycle <p>P4 Topics</p> <p><u>Cycles</u></p> <ul style="list-style-type: none"> • Life cycles of some animals • Life cycles of plants • Matter <p><u>Energy</u></p> <ul style="list-style-type: none"> • Light and shadows • Heat and temperature <p>P3 Topics</p> <p><u>Diversity</u></p> <ul style="list-style-type: none"> • Classification <ul style="list-style-type: none"> - Living and non-living things • Plants • Animals • Fungi and bacteria • Exploring materials <p><u>Systems</u></p> <ul style="list-style-type: none"> • Your amazing body as a system • Plants and their parts <p><u>Interactions</u></p> <ul style="list-style-type: none"> • Magnet and their characteristics • Making magnets |
| | Booklet B (10 – 12 OEQs) | 44 | | |

| Date | Component | Marks | Duration | Topics |
|--------------------------|--|-----------|------------|---|
| English | | | | |
| 11 May | English Language Paper 2 | | | |
| | Booklet A (28 MCQs) | 28 | 1 h 50 min | Companion Booklets 1 to 6 Practice Papers Synthesis and Transformation Worksheets |
| | Grammar | 10 | | |
| | Vocabulary | 5 | | |
| | Vocabulary Cloze | 5 | | |
| | Visual Text Comprehension | 8 | | |
| | Booklet B (52 Qs) | 67 | | |
| | Grammar Cloze | 10 | | |
| | Editing | 12 | | |
| | Comprehension Cloze | 15 | | |
| | Synthesis/ Transformation | 10 | | |
| Comprehension OE | 20 | | | |
| Mathematics | | | | |
| 14 May | Paper 1 (Use of calculators is not allowed) | | | <u>P5 Topics</u> <ul style="list-style-type: none"> • Unit 1 to Unit 7 <u>P4 Topics</u> <ul style="list-style-type: none"> • Area & Perimeter • Decimals |
| | Booklet A (15 MCQs) | 20 | 1 hour | |
| | Q1 – Q10 (1m each) | | | |
| | Q11 – Q15 (2m each) | | | |
| Booklet B (15 Qs) | 25 | | | |
| | Q16 – Q20 (1m each) | | | |
| | Q21 – Q30 (2m each) | | | |

| Date | Component | Marks | Duration | Topics |
|----------------|--|-----------|------------|-----------------|
| 14 May | Paper 2 (<i>Use of calculator is allowed</i>) | | 1 h 30 min | |
| | Q1 – Q5 (2m each) | 55 | | |
| | Q6 – Q17 (3m, 4m or 5m each) | | | |
| Chinese | | | | |
| 15 May | Chinese Language Paper 2 华文试卷二 | | | |
| | A部分[25 MCQs] | 50 | 1小时40分钟 | 年中考查：第 1 至第 8 课 |
| | 语文应用 | 30 | | |
| | 短文填空 | 10 | | |
| | 阅读理解一 | 10 | | |
| | B部分[15 Qs] | 40 | | |
| | 完成对话 | 8 | | |
| | 阅读理解二 | 32 | | |

You may contact the Form or Subject Teacher if you have any clarifications.

Absence During School-based Weighted Assessments

- Any student who is absent from school-based weighted assessments due to illness must produce a valid medical certificate (MC).
- If a student is absent due to other reasons, a letter of excuse with supporting document(s) is required to substantiate his/her absence. This is subjected to school's decision.
- The MC or letter of excuse with supporting document(s) must be submitted to the school on the day the absentee returns to school.
- Any student with flu-like symptoms and/or fever of 37.6°C and above is advised to seek medical care and should not take the assessment. It is not to the student's advantage. Students with MC are advised to stay at home.

Conduct of Make-up Assessments

The table below states the school policy with regard to the conduct of make-up assessments for absentees with medical certificates or with valid reasons for absence.

| | |
|---------------|---|
| P5 SAs | No make-up for ALL assessments except for oral. School will designate a make-up day and absentees will be duly informed. |
|---------------|---|

Acknowledgement Slip
(To be returned to your child's/ward's form teacher by 26 March 2018)

To: P 5 _____ Form Teacher of Kong Hwa School

Re: Term 2 Year Head Letter & P5 SA1 Examination Scope 2018

I, _____ parent/guardian of _____,

Class P 5 _____ acknowledged that I have received the letter.

Parent's/Guardian's Signature

Date

